



The Learning Community

for person centered practices

My

Person Centered
Description

*for use as part of
Person Centered Thinking
training*

Gabriel _____'s Person Centered Description

Date of the 1st Plan

2/17/22

Dates description changed

2/17/22

Purpose of the description: Understand about Gabriel

To learn how to organize information from discovery conversations into a format that can be used to drive action.

Like and Admire

I am calm and willing to listen and speak with them.

I am approachable.

I try to make sure we move in a prompt manner.

Important To Me

It is important to me to provide quality training in order to provide you with skills to assist others.

It is important for me to go over the material to ensure participants learn in a timely manner.

It is important for me to provide the material in a manner that conveys growth and understanding.

What others need to know and do to best support me

What others need to do in order to best support me. Is to provide me with time to formulate my thoughts and make sure I am presenting the material in a coherent manner.

Communication Chart

What is happening	I do this	It usually means	And I want you to
I had a bad morning, I was off my routine	I have both of my headphones in my ears.	I am feeling upset, not happy, i do not want to talk.	People to give me space and time to collect myself and thoughts.
I am watching a video on my cell phone.	I have both of my headphones in my ears,	It usually means I am feeling happy.	Provided me with time to watch my videos, or approach me and have a conversation .
I am having a conversation or answering a question.	Forget to make eye contact	I am thinking or an answer, or what to say next.	Understand I am not trying to be rude, but trying to continue the conversation.

Matching For: Gabriel

Supports Needed	Skills Required
Constructive feedback	Time management
Open mindedness	Detail oriented
Flexibility	Conversational

PERSONALITY CHARACTERISTICS
Want
Positive
Funny
Helpful
Don't Want
Negative
Rude
Non-flexible

NICE TO HAVE (SHARED INTERESTS)
Different types of research
Appreciation for music and movies.
Discuss different types of documentaries.
Videogames

Things to Figure Out

What else would you like to learn or know?

I would like to learn more about different types of people and their interest

I would like to understand how to better help and assist others

I would like others to know me being quiet is not anger, but instead me lost in thought.