

## My Strengths

Positive  
Open-Minded  
Resourceful  
Connection




Creative  
Innovative  
Knowledgeable  
Good Listener  
Energetic



**LeAnn Bieber**  
As a Trainer / Facilitator

## Important To me



- I am knowledgeable:
  - Topics I am teaching
  - Other Person-Centered Practices
- I am engaging: 
  - Through different learning techniques
  - By knowing my audience – giving relevant information
  - Encourage participation for the most meaningful discussions
- I am a resource—before & after training 
- I am Person-Centered and use tools:
  - At home 
  - At work
  - At play
- I am making a difference for people

## How Best to Support me

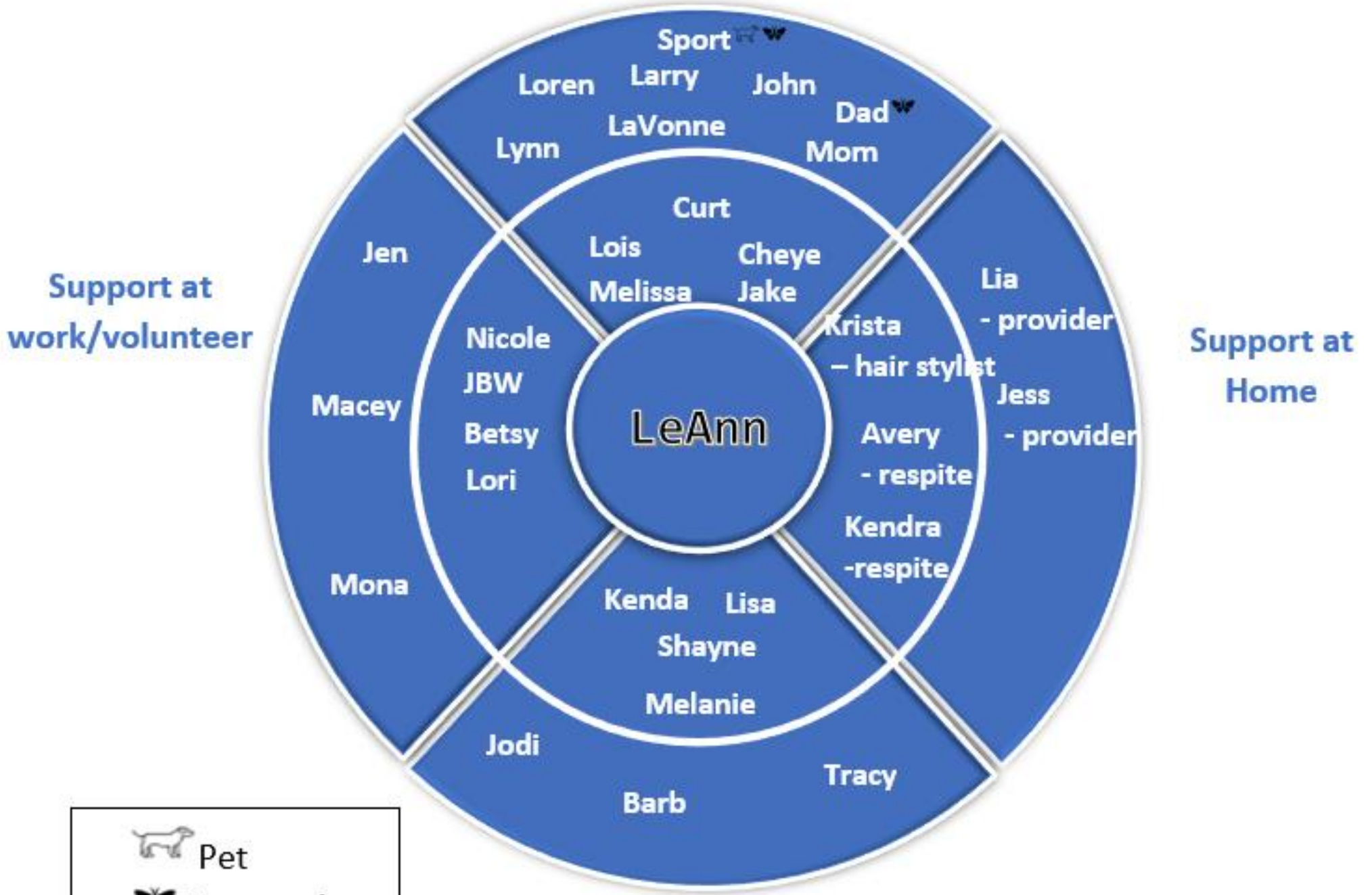
- Tell me your interests in Person-Centered Practices 
- Share your stories that promote PCT or where PCT may be needed
- Practice / Encourage respectful Listening in training & elsewhere
- Ask questions to delve deeper into discussions 
- Ask me to help – I am a resource
- Share your constructive feedback so I can improve 
- I can only teach you if you are present:
  - Be on time, attentive and engaged

# LeAnn Bieber's Person Centered Description As a PCT Facilitator/Trainer

Date of the 1<sup>st</sup> Plan                      October 2018, May 2020, May 2021

Dates description changed        April 2022


# Family



Support at Home

Support at work/volunteer

LeAnn

 Pet  
 Deceased

# Friends



# Like and Admire



### **Important To Me**

- That I am knowledgeable of topics I am teaching as well as other Person-Centered Practices
- That I am engaging through different learning techniques, by knowing my audience – giving information that is relevant to them, by encouraging participation yielding meaningful discussions
- That I am a resource – before, during and after training
- That I am Person-Centered and using the tools throughout my own life
- That I am making a difference for people

### **What others need to know and do to best support me**

- Share constructive feedback so I can improve
- Talk to me about Person-Centered practices – where are your interests?
- Share stories that promote person-centered practices. Or places that could use person-centered practices.
- Be active and engaged in training and elsewhere. Practice and encourage respectful listening
- Ask questions to delve deeper into discussions
- Ask me to help

# Communication Chart

What is happening	I do this	It usually means	And I want you to
We are in training	Ask a question general to the topic	I'm searching to see trainee familiarity on the topic	Answer the question in your perception
We are in training and just finished learning about a skill	Ask for examples of where you could use a skill	I'm looking to see if you have identified an application for the skill	Take out your chart and add a place that comes to mind; share your idea
I just asked a question	I stop talking and look around the room	I am looking for some feedback; feel I have talked enough and want your input	Answer the question; give an example if relevant to the question
You are texting on your phone or on a laptop	I'm looking at you; walk to the other side of the room	I'm irritated you are distracted and not 100% in the training	Put away your phone/ laptop If you have urgent business, excuse yourself from the training; keep it as short as you can and return

Matching For: LeAnn – Co-Trainer

## Things to Figure Out

Supports Needed	Skills Required
<ul style="list-style-type: none"> <li>• Stories</li> <li>• Printing</li> <li>• Building refreshments station</li> <li>• Keeping table supplies fresh (markers, post-its etc)</li> </ul>	<ul style="list-style-type: none"> <li>• Connects with others</li> <li>• Welcoming</li> <li>• Story-teller</li> <li>• Certified PCT trainer</li> <li>• Well versed in PCT / other practices</li> <li>• Time Keeper</li> <li>• Staying up to date on most recent training materials</li> </ul>

### PERSONALITY CHARACTERISTICS

*Want*

**Someone that:**

knows the material  
 share the workload  
 is adaptable  
 Appreciates my stories and training style  
 Can interact well with me as well as the trainees

*Don't Want*

Too rigid and critical  
 Not reliable – while preparing and day of  
 has all the answers – struggles to engage trainees for answers  
 uses unprofessional language

### NICE TO HAVE (SHARED INTERESTS)

Golf  
 Gardening  
 Quilting  
 Making a difference for others  
 Enjoys going to lunch/happy hour