

Rick's One Page Profile



How to best support Rick:

Please use open, direct communication with me so that we are able to avoid misunderstanding and conflict.

Know that I tend to think about things deeply, so you might have to wait for me to get my thoughts clear.

If I'm plugged into my headphones, I'm probably working on a project, but it's ok to get my attention — I'd rather talk to you.

Provide honest feedback about trainings and facilitation so that I can improve my skills and create a better experience for learners.

Understand that I may have a vision of where to go, I haven't got it all worked out. I'll need you to help me get there.

What is important to Rick:

My family — Carolyn, Sam (13), and Skye (10)

Being creative and learning new things

Work that is meaningful and collaborative

Getting exercise and playing music

Clear outcomes and expectations on projects

Harmonious connection and feeling valued

What do people like & admire about Rick:

I'm curious, easy-going, trustworthy, and helpful. I think about things carefully, and I have a broad range of experience, so I can bring a lot of different perspectives to the conversation. I'm a good listener, and good at thinking big.