



## ***Paula Johnson*** ***One Page Profile***

### **What Others Like and Admire About Me...**

- I am a good listener. This happens when they are happy, sad or need to vent.
- I value all human beings
- Can make decisions without getting emotionally involved. I am the one you want in a crisis.
- Willing to hear all sides of the story. There can be two sides to a situation. I do not make a decision until I have heard all sides. Everyone has the right to be heard.

### **What Is Important To Me**

- To collaborate, share and learn from others.
- Having staff encouraged to use the skills they are learning during the training.
- To keep my audience engaged with good information they can use.
- To have trainees know when attending a training it is safe space to agree and disagree.
- To have the support of my wife. Hearing her encouraging words to continue my journey and/or call me out when she knows I have stopped believing in myself.

### **How To Best Support Me**

- Be authentic with me this will allow me to be comfortable and believe in what I am presenting.
- Provide a friendly environment where I feel comfortable expressing my thoughts both positive and challenging.
- If you do not agree with me or understand something I said just ask me questions to clarify my statement.
- Do not ask me to advocate for change just for change sake.
- When changes are needed provide me with information on the reasons for a change.
- Provide me with clear expectations.
- Be ethical when we are meeting. It is ok to provide constructive criticism but do not make us have a bad experience.
- Provide me an environment that advocates for long term positive changes.

Let's collaborate:  
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